## Adaptation of Teachers and Psychologists to Specific Life

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## Abstract:

This article provides an understanding of the system of knowledge on the psychological aspects of pedagogical techniques, pedagogical cooperation, communication, pedagogical skills, components, pedagogical skills in the pedagogical process, pedagogical skills in the management of the educational process, pedagogical etiquette, pedagogical creativity.

**Key words:** physiology, pedagogical tact, psyche, social psychology, personality, communication, ability

In the work of President Sh.M. Mirziyoyev "We are building our great future together with our brave and noble people", special attention is paid to strengthening the ideological immunity of young people, developing in them a sense of patriotism, gratitude and self-confidence. future. [1; 3]

In the process of implementing the national training program in our country, the responsibility of teachers to society in the upbringing and upbringing of the younger generation will grow. The role of the teacher and his duties are determined by the importance of attention paid by society and the public to the work of educating the younger generation. A modern educator cannot be a social psychologist. Because it is necessary to be able to establish positive relationships between children, to know the use of socio-psychological mechanisms in the children's community. It is known that pedagogical activity is one of the most difficult areas of human labor. [2; twenty]. In addition to the demands of society, the teacher must remember what is expected of him in his work, from the people around him, from the administration of the preschool institution, colleagues, children and their parents. It is important for a teacher to know that he expects something from his work, so that expectations, although they meet the requirements for a teacher by society, have their own characteristics. But these requirements may not always be compatible. Research by psychologists has shown that departments of public education assess the importance of certain qualities of a teacher in different ways. A number of serious requirements are imposed on the future teacher. They can be divided into basic, that is, without mastering it, it is impossible to become a highly qualified teacher or educator, and secondary, that is, not for direct pedagogical activity, but for the formation of one's personality and upbringing. Like the main basic requirements, the secondary requirements depend on the psychology of the teacher's activity, that is, on the qualities necessary for his communication, abilities, knowledge, skills and abilities, skills, education and training of children. Among the main, as well as in additional psychological characteristics, it does not change, that is, in every period, time and nation are always necessary for teachers and educators, qualified teachers and change, that is, life in conditions determined by the socio-economic development of society is the requirements of the environment, in which the teacher works. The main, main and constant requirements for a teacher are kindness to children, pedagogical activity, special knowledge in the field of their business, broad thinking, pedagogical intuition, a high level of thinking, deep knowledge, culture and good manners, different teaching methods. and teaching children is to be able to use it skillfully. Without any of the above qualities, successful pedagogical work is impossible. Additional, but relatively stable, requirements for an educator include initiative, artistry, cheerful demeanor, good taste, and more. While these functions are not the most important, they are very helpful in the teacher's work. Not all of these qualities are innate abilities. They are acquired as a result of the teacher's regular work, as well as his tireless work on himself. Primary and secondary pedagogical qualities are combined and determine the personality of the teacher; by the power of these aspects, each teacher manifests itself as an irreversible and unique personality.

The most important of the requirements imposed by society is focused on the personality of the teacher and the qualities associated with his profession. The main requirements of society for the teaching profession are: - knowledge of the essence of spiritual and educational education, the ideology of national awakening and universal wealth, raising children in the spirit of loyalty to the ideas of independence, love for their homeland, nature and family; have a wide level of knowledge, know different knowledge; have in-depth knowledge of youth, educational psychology, social psychology and pedagogy, youth physiology and school hygiene; - have solid knowledge of the subject being studied, know about the new achievements and shortcomings of world science in their field; - mastering the methodology of teaching and upbringing; - creative approach to their work; - be able to understand the mental development of the child, his inner world; - possess pedagogical techniques (logic, speech, expressive teaching aids) and pedagogical tact; - Continuous improvement of teaching skills. Every teacher should strive to meet these requirements as much as possible. Requirements for the educator on the part of society, the most important personal qualities of another teacher: Patience, perseverance, perseverance, nobility, intellect, spiritual purity, compliance with high goals of spirituality and enlightenment.

The teacher's devotion to his homeland, love for children, the desire to educate them in the spirit of humanity, social expectations, the teacher's individuality, his subjective readiness to meet the requirements, thus, indicate the readiness of a particular teacher for pedagogical activity. ... [3; 10] In a specific historical period of society, it is somewhat more difficult to resolve the issue of primary and secondary variable characteristics of a teacher, which are characteristic of a certain time and place of work. New conditions emerging in society pose new goals and objectives in the field of education and upbringing. To form a modern, free-thinking person out of a child, a teacher must be an independent thinker, highly educated, broad-minded and constantly develop these qualities. Parents expect teachers to nurture and educate their children, regardless of their work experience and age. On the other hand, children characterize teachers in three different ways. In particular, firstly, humanity, justice, a clear conscience of the educator, love for children; secondly, depending on the external qualities and behavior of the Educator, associated with sensitivity, exactingness; thirdly, they characterize the teacher according to his / her qualities related to the educational process, such as his / her knowledge of the subject, his / her ability to explain it. It should be noted that along with the requirements for increasing the efficiency of the educational process, social requirements for the personality of the teacher and his activities are growing. The teacher's requirements for society, different social expectations, the teacher's individuality, his subjective readiness to meet the requirements, thus, indicate the readiness of a particular teacher for pedagogical activity.

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