

Forms and methods of improving the spiritual and educational activity of women in the community based on a synergetic approach

Berdiyeva Shaira Ahmadjanovna

*Independent researcher of Jizzakh State Pedagogical Institute
named after A.Qodiriy, Uzbekistan.*

Abstract: The followers of our mothers, who are recognized for their high spirituality and enlightenment, exemplary manners and upbringing, today have rendered invaluable services in state and society building, production, science, culture, medicine, education and even the military. In our country, more and more conditions and opportunities are being created for further enhancement of the status of women, to increase their socio-political activity, to strengthen their knowledge in the socio-political and economic spheres..

Keywords: preservation, strengthening, potential of women in society, formation of personality, family, environment, spirituality.

Each period has its own factor of development, needs, demands and vital principles. Naturally, their formation and development, giving them a special meaning, will be great historical events that will determine the specific directions of the state, society, socio-political institutions in this period.

Today in our country a lot of attention is paid to women. All conditions are being created for their active participation in various spheres of our society. Attitudes towards women in our country have their historical roots, our ancestors have always called for women to be valued, respected and honored.

Uzbekistan is one of the first CIS countries to accede to the U.N. Convention on the Elimination of All Forms of Discrimination against Women, the International Labor Organization's Conventions on the Protection of Motherhood and the Convention on the Elimination of All Forms of Discrimination against Women. These documents are an integral part of a set of normative and legal acts aimed at protecting the interests of women, strengthening their position in the family and society as a whole.

Under the leadership of President of the Republic of Uzbekistan Sh. Mirziyoyev, special attention is paid on increasing the socio-political activity of women, protecting their health, supporting their aspirations and initiatives, creating decent working and living conditions for them.

This is evidenced by the adoption of the Decree of the President of the Republic of Uzbekistan PF-5325 dated February 2, 2018 "On measures of radically improve the activities in the field of support of women and strengthening the family". This Decree provides increasing the socio-political and social activity of women, creating conditions for them to realize their abilities and potential in various fields and sectors, ensuring unconditional observance of their rights and legitimate interests, comprehensive support for motherhood and childhood, as well as, special attention was paid to strengthening the institution of the family.

The main purpose of the adoption of this Decree is to bring the protection of women's rights and legitimate interests to a qualitatively new level, to strengthen their role and status in the family and society, fully realize their potential, and further improve the socio-spiritual environment in families.

Women of Uzbekistan are actively involved in the life of the state and society, their position in the

family is strengthening. The socially oriented policy pursued in our country creates the necessary opportunities for our women to live in a happy life, to ensure their rights and freedoms, intellectual and spiritual development, to fulfill their professional and family responsibilities in a coordinated manner.

There are other aspects of improving the spiritual and educational activity of women in the community based on a synergetic approach, increasing their socio-political activity. In particular, the issues of improving their legal culture and legal literacy, expanding economic activity, improving the social protection system were among the important goals of the state. The strengthening of attention to education and upbringing has further strengthened reforms that are being carried out in our country. The contribution of our women to the development of our country, to the education of our children, especially our daughters, to the spiritual and enlightenment development of our society is great.

The followers of our mothers, who are recognized for their high spirituality and enlightenment, exemplary manners and upbringing, today have rendered invaluable services in state and society building, production, science, culture, medicine, education and even the military. In our country, more and more conditions and opportunities are being created for further enhancement of the status of women, to increase their socio-political activity, to strengthen their knowledge in the socio-political and economic spheres.

Based on the synergetic approach, the main factor in ensuring the spiritual, educational, socio-political activity of women in the community is the combination of education and upbringing, the following stages of which can be identified:

First, in the process of raising children by parents in the family, along with national and universal values, to give insights into socio-political values;

Second, the use of modern means of methods that evoke the feeling that children in preschool education are future participants in the political life of the country;

Third, general secondary education to teach high school students in subjects aimed at increasing their need for socio-political knowledge;

Fourth, to encourage scientific-theoretical and practical activities related to the study of political and legal culture in higher education and its subsequent stages, including the establishment of broad cooperation between educational institutions and government agencies;

Fifth, to ensure the participation of young girls in socio-political events, not limited to cultural objects (cinema, theater, museum, etc.) in the formation of their spiritual outlook, to increase their participation in debates in these areas;

Sixth, ensuring the active participation of women in the ongoing reforms in our country, the formation of a sense of involvement of young girls in events in society is also the basis of our work in this direction.

The role of civil society institutions in increasing the spiritual and educational activity of women in the community is also significant. This is because public organizations of a non-governmental nature, representing the interests of different groups, that today recognized as an important institution of modern civil society. The wide involvement of women in such organizations ensures their rights and freedoms, while ensuring direct and indirect participation in the governance of the state and society.

Today, the work carried out in our country with women working in the field of science, education can be divided into two directions. Indeed, 72% of employees in this field are women.

The first direction is further increasing the socio-political activity of women working in

educational institutions, further improving their active participation in the ongoing reforms in the country, which is one of the important factors in the development of our country.

This task can be accomplished by further strengthening the activities of primary organizations in educational institutions.

In particular, the focus on increasing the economic and legal knowledge of women in educational institutions, strengthening the prevention of delinquency and crime, ensuring that teachers adhere to the culture of dress and ethics are an important part of the ongoing reforms in our country.

The second direction is to work with girls studying in educational institutions, which includes the following tasks:

a) By strengthening the activities of parent universities in the field, the following organization of educational institution-family-neighborhood cooperation, including increasing the activity of specialists working with women in the community:

b) To increase the activity of schoolgirls through "Qizlarjon" (Girls) clubs and meaningfully organize their leisure time by involving them in various clubs;

c) To increase students' legal knowledge, including the formation of their skills in marriage, marriage contract, marital and other family relationships:

g) To prepare young people for life in the relevant lessons, with special emphasis on life skills, occupation, family readiness:

d) Quality organization of services of psychologists in educational institutions, including attention to personnel, conducting psychological tests.

For information, it should be noted that in general secondary and secondary special education institutions, depending on the number of students in them. From September 2018: up to 250 people - 1 state; 250 to 800 people - 1.5 states; 800 to 1,600 - 2 states; 1,600 to 3,000 people - 2.5 states. A staff of psychologists has been introduced in 3,000 and more - in 3 state units.

There is a strong system of education for children from birth to family relations, and if health workers care about the health of the child from birth, kindergartens, schools, colleges, higher education institutions together with the community help them to get an education and get a profession. .

However, the lack of a unified approach to this system, which is designed to prepare young people for life, and the lack of a unified approach to public organizations are at the root of the problem. From this point of view, based on a synergetic approach, it is expedient to develop forms and methods of improving the spiritual and educational activity of women in the community.

In this regard, first of all, one of the most important tasks is to develop and implement a single concept for preparing young people for life, to organize targeted work on strengthening families, preserving family values and improving the socio-spiritual environment in families. it is also important to identify families and address their problems with the involvement of the general public.

In cooperation with the Family Center, we will organize short trainings for young people who have applied for marriage to the Civil Registry Office to prepare them for family relations, as well as to prepare young people for life in cooperation with the Ministries of Education, the Ministry of Health and the Family Center. it is necessary to take measures to ensure full medical examination and to promote reproductive health among women, to promote the benefits of screening examinations.

In conclusion, on the basis of the synergetic approach, the following can be recommended to increase the spiritual and educational activity of women in the community, ie to ensure the harmony of

education and upbringing in educational institutions, work with young people, organize systematic work to prepare them for life:

First of all, it is necessary to widely promote in educational institutions the essence of the state policy on youth, the ongoing reforms to support and develop the creative potential of young people. Also, through the organization of "Kizlarjon" clubs in educational institutions to increase the moral and aesthetic culture, socio-political activity of girls, their professional orientation, as well as wide involvement in clubs on family and marriage, reproductive health, talented, active and One of the effective factors in this area is the involvement of enterprising women and the winners of the State Prize named after Zulfiya in the propaganda work to increase their participation in the socio-political life of the country and strengthen the socio-spiritual environment in educational institutions.

To support and develop the creative potential of gifted girls in educational institutions, to promote intellectual projects created by them, to develop students' interest in learning, reading, to form a culture of communication and speech, as well as to overcome the problems of attendance in educational institutions. Promoting the activities of exemplary students under the motto "Peer to peer example" will be of practical importance to increase the socio-political activity of young girls.

Strengthening advocacy through social networks to protect students from various spiritual threats in the context of globalization, to strengthen their ideological immunity against the threats of "popular culture", to increase the socio-political activity of schoolgirls, their spiritual and moral education, vocational training, national traditions In order to bring up in the spirit of customs and traditions, to further improve the activities of "Kizlarjon" clubs to prepare for family life, to form in girls noble moral qualities, high spirituality and a broad outlook, to prepare them for life, "Women's Library" created by the Women's Committee of Uzbekistan. It is very important to implement the mobile application of the popular brochure "For Girls".

Systematic organization of cultural and educational events, conferences and exhibitions aimed at combining education and upbringing in educational institutions, the full manifestation of the talents and abilities of young people. The development of new approaches to spiritual and educational activities among young people, new programs, broadcasts and organization of rubrics are also a key factor in ensuring the active participation of women in the ongoing reforms in our country.

References:

1. Zakharov V. Perversion of the Great Russian history. –Adopted from Gumelyov L.N. “Black legend” book. Friends and foes of the Great Steppe. - M., 1994. –P.589
2. Trubetskoy N. About the Turanian element in Russian culture. -In the book: Russia between Europe and Asia: Eurasian charm. - M., 1993.-P. 59-76
3. Savitsky P.N. From a letter dated November 29, 1965. The book: L.N. Gumelyov Black legend. Friends and foes of the Great Steppe. -M., 1994.-P.540
4. Gumelyov L. N. Ethnogenesis and the Earth's biosphere. -M., 2006 and others, works.
5. Postareva T.V. Formation of ethnocultural competence. //Pedagogy. - M., 2005, № 3. -P.53.
6. Testov V.A. "Hard" and "Soft" learning models. // Pedagogy, 2004, № 8.-P. 36.
7. Prishvin M.M. Create the future world. -M., 1989. –P.28

8. Amonov Ulugmurod Sultonovich. Abdurauf Fitrat is one of the earliest researchers of Uzbek folklore. "Academicia" An International Multidisciplinary Research Journal, India. June 2020. <https://www.indianjournals.com/ijor.aspx?target=ijor:aca&volume=10&issue=6&article=096>
9. Akramova Surayo Renatovna Harmony of the content of Uzbek-Tajik translations of Jamal Kamal's Poems. <https://cejsr.academicjournal.io/index.php/journal/article/view/342>
10. Баходир Маъмуров. Акмеологик Ёндашув Асосида Бўлажак Ўқитувчиларда Таълим Жараёнини Лойиҳалаш Кўникмаларини Ривожлантириш. Том 1 № 1 (2020): Таълим ва инновацион тадқиқотлар. <http://interscience.uz/index.php/home/article/view/15>
11. Башорат Жамилова, Мохигул Каххорова. Болалар детектив насридаўсмирлар руҳияти тасвири. Том 1 № 1 (2020): Таълим ва инновацион тадқиқотлар. <http://interscience.uz/index.php/home/article/view/37>
12. Давронова Дилдора Саидовна. Оилада ёшлар ғоявий-сиёсий маданиятини шакллантириш тизимига инновацион ёндашув муҳим ижтимоий масала сифатида. <https://cyberleninka.ru/article/n/oilada-yoshlar-oyaviy-siyosiy-madaniyatini-shakllantirish-tizimiga-innovatsion-yondashuv-mu-im-izhtimoiy-masala-sifatida>
13. Давронова Дилдора Саидовна. Педагогические возможности воспитания идейно-политического культуры современной молодежи в семье. Евразийский союз ученых. <https://elibrary.ru/item.asp?id=27440471>
14. Лукмонова С.Г. Цифровые образовательные ресурсы в педагогической деятельности [Digital educational resources in teaching] // XXI International scientific review of the problems of philosophy, psychology and pedagogy. <https://scientific-conference.com/h/sborniki/yuridicheskie-nauki2/2249-media-security-trend.html>
15. М. Б. Файзуллаев, Н. Шарапова, А. О. Мухаммадова. Валентность Каузативных Глаголов Психического Состояния. Том 1 № 1 (2020): Таълим ва инновацион тадқиқотлар. <http://interscience.uz/index.php/home/article/view/36>
16. Махмудов Мэлс. Дидактик Лойиҳалаш – Замонавий Таълимда Самарадорлик Кафолати. Том 1 № 1 (2020): Таълим ва инновацион тадқиқотлар. <http://interscience.uz/index.php/home/article/view/14>
17. Рўзиева М. Ё. Туркий халқлар фольклорида ранг ифодаловчи сўзлар ва уларнинг семиотик таҳлили. Том 1 № 1 (2020): Таълим ва инновацион тадқиқотлар. <http://interscience.uz/index.php/home/article/view/34>
18. Рўзиева Моҳичехра Ёқубовна Ўзбек халқ кўшиқларида ранг символикаси. Дис. Автореферати. 2017. <http://library.ziyonet.uz/uzc/book/85761>
19. Халилова Р. Р. Повышение культуры речи будущего учителя, как педагогическая проблема. № 1. - 2015. - S. 23-30. <https://cyberleninka.ru/article/n/povyshenie-kultury-rechi-buduschego-uchitelya-kak-pedagogicheskaya-problema>
20. Халилова Р.Р. Прагматические принципы интернет- коммуникаций / Р.Р. Халилова // Инновационные подходы в современной науке: сб. ст. по материалам LXXXIX Международной научно-практической конференции «Инновационные подходы в современной науке». – № 5(89). – М., Изд. «Интернаука», 2021. <https://www.internauka.org/authors/halilova-ruhsora-raupovna>

21. Шаймарова З.А. Classification of single-parent families and their social-psychological-pedagogical // ACADEMICIA: An International Multidisciplinary Research Journal ISSN: 2249-7137 Vol. 10 Issue 5, May 2020 Impact Factor: SJIF 2020 = 7.13. P. 1233-1237. (10.5958/2249-7137.2020.00332.8)