

Factors of stabilization of a healthy spiritual environment in the family based on a synergetic approach

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Abstract: The following article deals with the women place in society, their rights, and their role in the development of society. Readers of the article can be aware of the role of women in our republic. The factors of healthy spiritual environment and synergetic approaches were analyzed as well.

Keywords: preservation, strengthening, potential of women in society, formation of personality, family, environment, spirituality.

From ancient times, our people consider the family sacred and pay special attention to its preservation and strengthening. These noble qualities, inherited from our ancestors, and they live for centuries and have become a sacred spiritual value for today and future generations, a high spiritual feeling that is ingrained in our blood.

In the past period of independence in our country, special attention is paid to the issues of social and legal protection of the family, the identification of factors to stabilize a healthy spiritual environment in the family, strengthening cooperation with the community, educational institutions, and law enforcement agencies. Improving its place and status in society we should consistently pursue it as the most important task.

Respect for women is one of the noble features of the Uzbek people. In this sense, the country is carrying out historic work of national importance to strengthen the role and status of women in society. After all, the stability and development of the political, socio-spiritual environment in society depends on the attitude and attention to women, youth, and family.

Today, the role of women in our society, their relationship to the family, their role in social life is very important, and their status is highly valued in all respects.

It should be noted here that the human mind, the best qualities of character, the spiritual criteria that determine the worldview, first of all, sprout in the heart of the family. What kind of person each child will grow up to be tomorrow, the formation of his talent, what he is interested in also depends on what kind of family he was brought up. That is why our ancestors paid special attention to family upbringing as a very important and sensitive issue.

Our people consider the family as a spiritual fortress that brings up a healthy generation, ensures the eternity of life, the continuity of generations. Because in the human heart, the first buds of spirituality appear. First, under the influence of the family environment spirituality is absorbed into the human mind over the years through mother's feeding, family upbringing, ancestral teachings, and a sense of homeland. That is why women are especially respected in our country. This is certainly not in vain, because they are responsible and self-sacrificing people for their families and children in any time and place.

Revealing the potential of women in society, strengthening their role in educating a harmoniously

developed generation and ensuring more active participation in our ongoing comprehensive reforms has become one of the priorities of our state policy.

Our Constitution stipulates that the family is the basic unit of society and has the right to protection by society and the state. For a civil society composed of people of all nationalities and ethnic groups, the strength and well-being of the family means the stability of our country.

The Decree of the President of the Republic of Uzbekistan dated February 2, 2018 "On measures to radically improve the activities in the field of support of women and strengthening the institution of the family" clearly identifies the existing problems related to the lives and activities of women and identifies necessary practical proposals. It was another bright manifestation of the high attention and care paid to women in our country.

According to the decree, from April 1, 2018, instead of the position of Adviser on Religious Enlightenment and Spiritual and Moral Education of Citizens' Assemblies, there was launched the system of one woman in each Citizens' Assembly, and Citizens' Assemblies with 2,000 or more families.

According to the decree, the "Honorary Woman" breastplate was established for women who have been active in society and the state, who have made a worthy contribution to the formation and well-being of the family, protection of motherhood and childhood through their fruitful work.

In addition, the resolution of the President of the Republic of Uzbekistan dated June 27, 2018 was adapted "On approval of the concept of strengthening the institution of the family in the Republic of Uzbekistan". It is aimed at eliminating the problems and shortcomings in this area.

The concept identifies a number of areas for the implementation of measures to improve the institution of the family based on a comprehensive approach, in this process to ensure close cooperation and activism of government agencies, civil society institutions and citizens.

It includes improving the institutional and legal framework for strengthening the family, strengthening social partnership conducting fundamental, applied and innovative research on strengthening and developing the modern family. In addition, we can include here promoting demographic development and increasing family welfare, strengthening the educational capacity of the family, preserving traditional family values, to improve the spiritual and moral environment in families, to create an effective system of effective methodological, advisory and practical assistance to families.

It is known that the family, which is the first social unit of any society, is the most important place in the formation of personality. Personality maturity, in turn, is directly related to family relationships. Society begins with the family. The health of the family and the level of the family environment can have a positive or negative impact on the development of society, the solution of existing problems in it. Therefore, the issues of stabilizing a healthy spiritual environment in the family based on a synergistic approach are among the important issues in the public eye.

It is known from history that progressive people all over the world have always, for centuries, paid great attention to the issues of women. This is due to the fact that a woman's nature is beautiful, wise, intelligent, hardworking, compassionate, caring, and most importantly, her delicate body is entrusted with a heavy, very responsible, but at the same time honorable, sacred task - motherhood. Because only a woman is gifted by nature to carry out the role of mother and the main educator in the family.

Women's spirituality, worldview, psychology can be called a bright mirror of social life. Because

in a woman, both family life and economic and political life are reflected. While a woman's kindness, purity, and zeal in the family are a prestige and blessing for the family, they also have a great impact on society.

Our women, with their intellectual potential, deep knowledge and research, are making a worthy contribution to the development of science. During the years of independence, almost 15 doctoral dissertations defended at the Tashkent State University of Economics, and women completed almost 40 dissertations for the degree of PhD.

In any system and in any social environment, the well-being of the family is achieved by increasing the socio-political activity of women. When the family is prosperous, this, in turn, leads to the prosperity of society. Therefore, by addressing the issue of women, many praiseworthy tasks can be accomplished at the community level. The spiritual qualities inherent in a woman are manifested in her closeness to nature, people, living a life of constant goodness, honest work, and enjoyment of the incomparable blessings and beauties of the world. Female spirituality is a shining mirror of social life. Because in a woman, both family life and economic and political life are reflected. Every aspect of women's spirituality is intertwined with the socio-political life of society.

If a woman's kindness, purity, and zeal in the family are a prestige and a blessing for the family, her influence on society is even greater. Today, women are also responsible for preserving national values and continuing national traditions.

As a result of the ongoing legal reforms in our country, a new level of quality has been reached in the legal regulation of family relations as a type of social and legal relations. New family legislation has been formed, combining national values and traditions of our people with modern practices. It should be noted that today the legal basis of family relations has been created.

Consequently, attention to the family has always been valued as one of the most important issues in the life of society and the state. Undoubtedly, the role and influence of the family in the formation and development of the unique spirituality of any nation is incomparable. Because the purest and purest feelings of man, the first concepts and imaginations of life, are formed primarily in the family. Indeed, the family is the basic unit of society and is an important object of the upbringing of a harmoniously developed generation.

The family, of course, plays the role of the first stage in the formation of the human personality, that is, the foundation of the relationship of people in the family with each other, with society and the state.

In conclusion, the focus on improving the family legislation in accordance with modern requirements in the new 2019 will serve to further strengthen and develop the institution of the family in our country, to protect and support the legal and socio-economic interests of families.

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