

Conflict Processes in Modern Families: Social-Psychological Analysis

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ABSTRACT

The article discusses conflict situations in families, the uniqueness of the development of Eastern and Western cultures: family spirituality, the culture of family relations, the issue of differences in human qualities such as child upbringing, respect for parents, responsibility and duty.

KEYWORDS: *conflict, family, family environment, family happiness, child, spiritual need, socio-psychological criteria.*

Introduction

It is not for nothing that we always think about raising a person, a comprehensively perfect generation, we mobilize all our capabilities to build a healthy family environment and a strong family.

However, how we form a personality ultimately determines how a person is brought up, how much human qualities, duties and responsibilities are laid in his mind.

The decrease in the level of communication in modern families, the lack of spiritual and emotional intimacy, the ignorance of parents about the interests, needs and problems of their children, the lack of mutual understanding between family members, in turn, lead to many problems in the development of children causes difficulties.

It is known that the family is the cradle of a person's arrival in the spiritual world. The set of features included in the concept of "family happiness" depends on the patterns of the very institution of the family. In recent decades, these patterns have undergone many changes in the process of structural and qualitative changes and the development of families.

MATERIALS AND METHODS

Since ancient times, the family - as a spiritual and economic unit - was simply necessary for life in it, that is, it was very difficult for a single woman or a single man to live and support himself. Today, the economic function of the family has suddenly disappeared, and a person can live alone without harming himself. The new function of the family prevails, that is, the issue of creating and maintaining psychological comfort for each family member. Previously, there was no need to think about this, because the family was held together by other ties.

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If we look at the peculiarities of the development of Eastern and Western cultures, we will encounter differences in such human qualities as family spirituality, the culture of family relations, the upbringing of children, respect for parents, responsibility and duty. Uniqueness is also manifested in our ideas about the family.

RESULTS

The family environment not only educates and nurtures the personality of a person, but also through this education connects his body with spiritual, mental and moral forces, forms feelings of the national spirit and religious faith. The harmony of national traditions is also manifested in family education. After all, both of them are dominated by such virtues as kindness and tolerance, harmony and cooperation, humanity, attitude and manners, politeness, generosity and hospitality, honesty and piety, patience.

Today, as an important aspect that distinguishes the family, it is found in its structure. That is, families are mostly small, consisting of one or two generations. At the same time, the psychological environment also changes: that is, if earlier the relationship between parents and children was based on family relationships, then in the new era, family relationships in families are changing on the basis of marriage.

There are different and changing views on the forms of marriage. These views are mainly based on the structure, condition, duration and nature of marriage. For example, the Indian researcher Rehim Shunvari singled out 14 types of marriage, and the researcher Z. Rasulova mentions that Uzbeks had several types of marriage since ancient times [2,15]. Or the researcher R. Komilov stated that marriage is realized as the aesthetics of a healthy lifestyle and acts as a factor in the aestheticization of our everyday life, the formation of a high aesthetic taste [3,14].

We understand the family as the sacred unit of society. Such faith is in harmony with our ancient, national, regional and religious values. Even in Zoroastrianism, which is our oldest religion, family and marriage issues are given serious attention [4,352]. It is forbidden to violate it, because it meets the requirements of the creator of the family and marriage. Any actions, customs, traditions and requirements that entail the destruction of the family are strictly condemned. In such a situation, the guilty party, be it a husband or wife, is necessarily punished.

Today we can see that a conflict situation in families arises without the influence of any external factors that determine the household and economic situation of the spouses, without the intervention of parents, without adultery or pathological personality traits of one of the spouses. The presence of these factors accelerates the creation of a conflict situation and aggravates it.

There are certain laws that underlie marital relations in conflict situations. To deal effectively with emerging problems, it is not necessary to look for fault only in the behaviour of one of the couples. These laws should be known and taken into account, and behaviour should be adjusted accordingly.

The conflict arises on the basis of a collision of at least two people, groups, their conflicting, incompatible, mutually exclusive needs, interests, goals, actions and relationships [5,56]. The behaviour observed in families often hides the conflict situation and the true feelings and ideas of the couple. Indeed, behind the rude and noisy conflicts of couples, tenderness and love, and politeness, hatred can sometimes be hidden.

It should be noted here that the leading role is played by feelings of affection and love, which are considered a decisive factor in the formation of a family. It is these feelings that nourish family stability, a healthy spiritual and moral environment, and harmony [6,9]. In turn, the spiritual and

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moral qualities formed in a healthy family environment are the basis for determining the qualities of national unity and harmony, cooperation and cohesion, which are the determining factors in the development of society, are the reason for the formation of the spiritual and moral image of our society.

In order to find out the causes of conflicts that may arise in the family, and positively resolve the issues of their prevention, it is advisable to first distinguish between whom they occur. According to researchers, according to who is involved in conflicts in the family, they can be divided into the following main types:

- disputes between spouses;
- disputes between mother-in-law and daughter-in-law;
- disputes between mother-in-law and son-in-law;
- conflicts between parents and children [7,56].

In this regard, Professor E. Gaziev in his studies also focused on conflicts and family breakups that arise in the family, and its specific causes: mismatch of the characters of the spouses, childlessness, moral and physical violence of the bride, lack of material support, educational poverty, the presence of excessive traditions and rituals in the family, addiction to alcohol, jealousy, lack of opportunities for cultural recreation, the presence of unsatisfactory work in family ties. Also, when we get acquainted with the works of Professor E. Gaziev in this area, we see that they contain valuable information about the uniqueness of interpersonal relations in the Uzbek family, the socio-psychological criteria for family stability [7,56].

In our opinion, conflicts in marriage one way or another arise in every family and have different consequences. However, do not be afraid of them. Conflict situations between husband and wife are not always destructive and do not lead to the breakup of the family. Often they only strengthen the marriage and allow you to resolve the conflicts that have arisen.

Focusing and directing attention in the family to understanding the content of the conflict, the essence of the problem will give good results. Because conflict is not the end of family life or family activity. Family members must work together and cooperate even after this conflict. There are conflicts in life. Family conflict is not the end of life, but the process of reviving family life in a new context.

If we analyze the pedagogical activity of officials responsible for the educational process in Uzbek families, it becomes clear that it has its own characteristics. First of all, we generalize the names of the authorities in the parent style. In fact, it is clear that these are two unique people. This is a set of people who are unique, have their own characteristics and character, level of knowledge and worldview. In fact, they must act on the basis of one system, one integrity in the family. If there is no integrity and purposefulness between parents, the process of education will appear flawed and its effectiveness will be undermined. But we do not always meet such systematic pedagogical activity in the family. At the same time, each of them can greatly influence the quality of the pedagogical process. Accordingly, it is necessary to separately determine the role of the father and mother in the process of ensuring the professional socialization of young people in the family. Thus, along with their mutual characteristics, their specific features will be clearly shown and it will be clarified which principles and directions they should pay attention to when organizing their joint activities.

DISCUSSION

In this regard, a well-known scientist, Professor M. Makhmudova expresses an opinion about family conflicts and ways to prevent them, and ways to resolve family conflicts:

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- ✓ family and conflicts, that conflicts are a natural feature of human life;
- ✓ conflict as a family and social phenomenon that forms the correct attitude of young people towards the conflict;
- ✓ family crises and the correct response to them, measures to prevent family crises, the creative and destructive nature of conflicts;
- ✓ way out of family conflicts, their overcoming methods, conflict management, the ability to overcome anger and rage;
- ✓ individual and family, respect and attention to each family member
- ✓ norms, personal freedom, selfishness, factors of getting rid of selfishness, harmony in the relations of its members in the family;
- ✓ individual and social relations, individual and family interests;
- ✓ it is necessary to take into account such factors as cohesion, the priority of family interests, the culture of communication and the maturity of the inner world of a person [8,43].

Not everyone can live without conflict in their lives. Accordingly, if young people have family conflicts, their nature, content, causes and the possibility of overcoming them, they will not have difficulties in independent living.

Since our main goal in preserving and strengthening the family is to educate a full-fledged and comprehensively developed generation, we must choose and use the most advanced and reasonable ways to resolve family conflicts. In case of family conflicts, the following actions must be observed:

- arrogance, arrogance, refraining from disrespect for others;
- keeping promises;
- pay attention to opinions that are different from your own, try to understand them, even if you do not like them, do not deny the opinions of others, do not persecute those who express their opinion;
- the impossibility of restricting the rights of family members;
- not engage in criticism that degrades human dignity;
- it is impossible to deliberately cause discord and discord between family members;
- grouping of employees and the emergence of conflicts between them;
- for example, to be attentive, polite, attentive, modest, not to offend someone's language [8,53-54].

Not everyone can live without conflict in their lives. Accordingly, if young people are familiar with family conflicts, their nature, content, causes and abilities to overcome them, they will not have difficulties in independent living.

CONCLUSION

In general, conflicts in family relationships lead to psycho-traumatic consequences: that is, to a state of family dissatisfaction, "family anxiety", neuropsychic tension, a state of guilt, etc. Experts are working on recommendations for resolving family disputes. Because conflicts, quarrels and disagreements ultimately lead to the decline of such a sacred unit as the family. Naturally, not only this family suffers from this, but also society, the breakdown of family relations breaks or weakens family ties with other families, endangers the fate of children.

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Every child is the heir of our tomorrow. Their future depends on us adults. Therefore, the sooner we teach them not to stray from the most correct and just path chosen by New Uzbekistan, the better result we will achieve. Because the spiritual atmosphere that has formed in the family affects the way of life of a person for life. Uzbek families fear that the child will have various negative moral qualities. They worry that the child will become critical and selfish. As one of the main factors preventing such a situation, accustoming a child to work from an early age, the method of raising a child through work, is widely used. Accordingly, the Uzbeks say: "God hates idle people". Parents recognize that as a result of idleness, the child may be subject to various evil vices, including alcoholism, selfishness, greed, greed, drug addiction, crime, aggression, conflicts, theft, and various alien ideas. However, today it is clear that recognizing these places is not enough. Because the modern age requires the application of pedagogical methods leading to the consistent and rigorous application of positive qualities, and conditions that lead to negative consequences must be completely rejected and lost from life. Therefore, the identification of the unique features of the modern Uzbek family is inextricably linked with family traditions, values, morals and goals, and it is once again confirmed that among them the upbringing of children as a profession occupies one of the most important places.

In our country, the issue of ensuring the stability of the family is defined as a priority task at the level of state policy. On March 6, 2021, in a speech by President Shavkat Mirziyoyev at the ceremony of International Women's Day at the International Congress Centre, the following thoughts were expressed: "I wish that our country does not have such an unpleasant situation as separation, families are in discord, children are not living orphans and wandered. I never tire of repeating this thought" [9].

The family is a fortress of love and happiness. As long as there is a family, there is an invaluable blessing called a child, there is human dignity and spirituality. Family happiness is the greatest happiness. As one of the famous songs says: "He who is happy at home is happy everywhere" [10].

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