

Technology for Forming a Culture of Independent Reading in Teenage Girls

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ABSTRACT

The article focuses on the role of reading culture in shaping the spiritual and moral worldviews of teenage girls today. Also, issues of raising teenage girls in the spirit of high confidence in national and universal values and quality compliance with international requirements were analyzed.

KEYWORDS: *reading, reading, culture, value, universal, youth, teenage girls, pedagogical process.*

Introduction

It is known that the real image of a person is manifested in such qualities as mercy, kindness, nobility. These positive qualities are realized directly through the use of beautiful words, through beautiful speech. The world of books embodies this positive vocabulary, and reading books is an important source of their use. This quality is associated with spirituality and is a concept that expresses the spiritual and intellectual world of any person. Therefore, it is carried out by the pursuit of knowledge, illuminating the intellectual intellect of each person, an activity that occupies a central place in society.

In a word, the book is a spiritual and educational treasure that positively defines the purpose of life, guiding human exploration.

The culture of reading has a serious impact on the ideological and worldview education of young people, especially adolescent girls. Therefore, it is necessary to understand the existential importance of reading, to deeply analyze it. Low ideological literacy of young people or weak moral and aesthetic immunity, ideological, religious extremist texts with a low moral level require a serious approach to reading.

METHODOLOGY

Some researchers have developed a modification of independent reading culture that takes into account actual reading. In their opinion, "this is a unique type of highly spiritual communication, the purpose of which is to define oneself in the world, to realize one's existence, to reveal one's personality"[1;264]. Existential reading, connected with the deep, intimate essence of the personality: "reading is a moment of initiation, a magical key to the spiritual being of a person, which opens doors through which we penetrate deep into ourselves, where we could not enter otherwise"[2;495].

Today, the culture of reading is a matter of state policy in our country, and laxity cannot be allowed in its implementation. The role of the book in the development of the spiritual, moral, aesthetic and legal education of young people in the education system is growing. According to President Shavkat Mirziyoyev, "Today you know that our country attaches great importance to raising the level of reading and the culture of reading. However, many of our children stay away from books and spend a lot of time on social media. Of course, we do not deny the role and importance of the Internet and other modern sources of information. It is

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hard to imagine our life today without the Internet. Given this, the Youth Union of Uzbekistan needs to strengthen spiritual and educational work through the Internet, including through electronic reading"[3;529].

RESULTS

In this sense, the problem of the formation of the spiritual and moral worldview of adolescent girls is a complex pedagogical process and is a concept with many-sided content. For its implementation, it is desirable to clearly define certain pedagogical features.

This situation is directly related to the national value, and when the religious, spiritual, social and national values in the family are summed up, it forms an excellent educational environment.

First of all, the basis of Islamic values associated with the upbringing of teenage girls are such human qualities as honesty, purity, the ability to refrain from sinful acts, knowledge of the dignity of loved ones around, tolerance for life's trials, and the formation of the most important feeling of gratitude.

Teenage girls are known to be on the verge of defining their own path in life, and it is their responsibility to their parents, neighbors and relatives to convey that it is up to them to choose the right path or the wrong one.

The system of formation of the spiritual, moral and educational worldview of adolescent girls can be explained as follows. That is, based on the main system and the auxiliary system:

The main system consists of a family	
Persons belonging to the main system	Parents brothers sisters grandmother and grandfather relatives (aunts, uncles) Close friends
National values of family members -generational traditions in the family - Traditions inherited and adopted in the family - Mutual speech, educational, cultural relations in the family	
Responsible in the auxiliary system	
- head of the administration of an educational institution for teenage girls (school, lyceum, college) - teacher, educator, psychologist, group leaders - various clubs organized in educational institutions, libraries, women's councils, youth organizations - officials of events organized independently outside the classroom and school	

Figure 1.

The upbringing of teenage girls is naturally inextricably linked to the values of our people. In order for them to have a certain idea of their nation, people, they should read works written with values, and they will develop interest and love for the age-old holidays and traditions of our generations and universal values. It is also important to choose works containing the educational and moral views of Eastern thinkers, attracting them to reading.

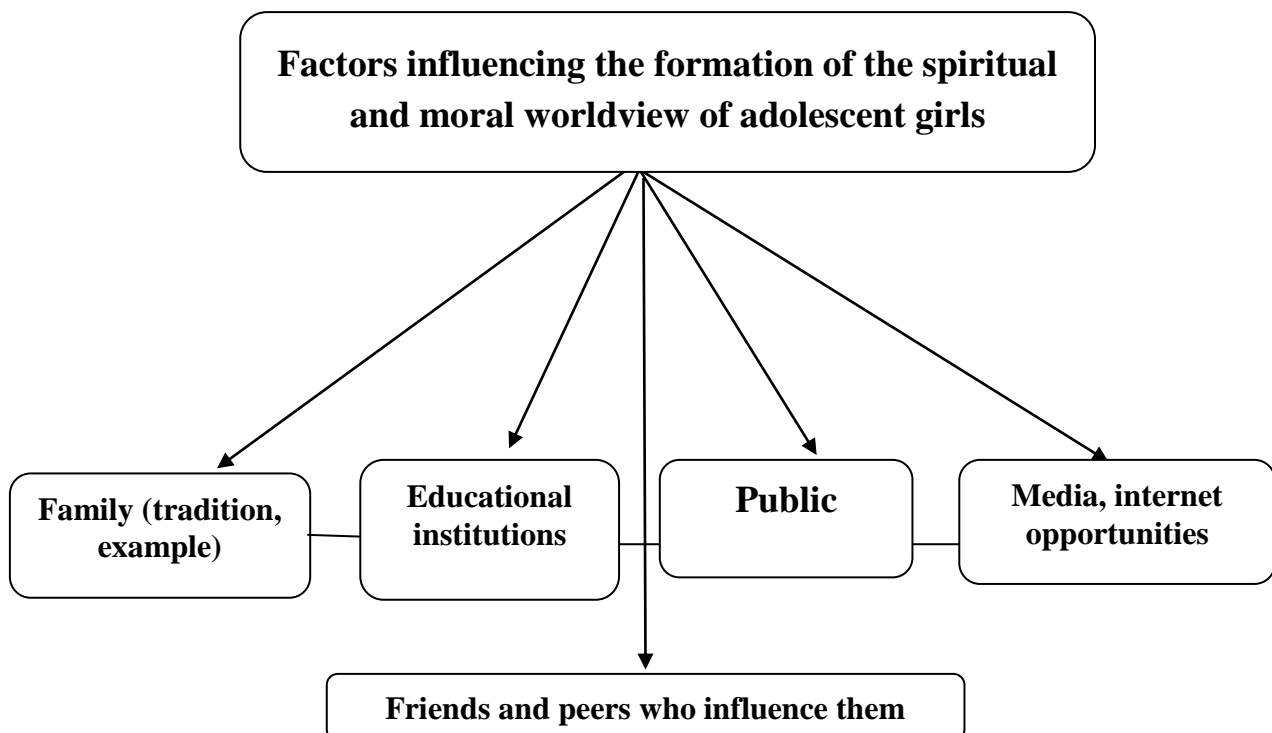
In educating teenage girls in the spirit of high confidence in national and universal values and improving their quality in accordance with international requirements, improving their legal

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framework, educating highly moral and enlightened youth, based on the integration of science and production, monitoring and evaluating the level of acquired skills in the field of science, culture of independent reading of young people and the problem of the formation of artistic and aesthetic thinking is one of the urgent tasks facing today. Therefore, the state educational standard of general secondary and secondary specialized vocational education defines "the upbringing of a morally mature and intellectually developed personality based on the socio-economic reforms being implemented in the country, the best practices of developed foreign countries and science and modern information and communication technologies", requires the use of effective methods, associated with the formation of a culture of reading, which plays an important role in the intellectual potential, moral and spiritual maturity of puberty children.

A technology for the formation of a reading culture has been developed on the basis of factors influencing the formation of a reading culture in teenage girls, and the mechanism for its management. It said the following:

Figure 2. Factors influencing the formation of the spiritual and moral worldview of adolescent girls



DISCUSSION

Based on the results of determining the level of formation of independent reading and the culture of adolescent girls, it was found that such forms and means as recommending works that are important for them to read, paying attention to the text of the work, understanding those put forward in the work showed their positive effect in establishing reading on a systematic basis.

In conclusion, it is important to choose works of a purely didactic nature that meet high cultural requirements, which are associated with the formation of the spiritual and moral worldview of adolescent girls, and recommend them for reading.

Attracting young people to reading books, developing the scientific, theoretical and pedagogical foundations of this issue, introducing them into everyday life, recommending young people the best works created by the creators of our people, are today one of the most important

tasks.

CONCLUSION

Therefore, in connection with the formation of the spiritual and moral worldview of teenage girls on the basis of reading books and on the example of the works of Eastern scientists, the creation of the necessary teaching aids, as well as research on the history of national values and customs, traditions, spiritual and moral education, the publication of artistic, educational, educational papers covering these topics, and a recommendation.

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