

Features of the Macroscopic Picture of the Femoral Head in Dysplastic Coxarthrosis

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ABSTRACT

Dysplastic coxarthrosis is a degenerative-dystrophic disease due to congenital underdevelopment of the hip joint. The study of the etiopathogenesis of this disease made it possible to establish that the main factors contributing to its development are congenital progressive biomechanical imbalance. For a practicing orthopedic surgeon, determination of the X-ray anatomical features of a dysplastic hip joint and possible biomechanical disorders is necessary for choosing a tactic for surgical treatment of coxarthrosis, because the choice of the acetabular and femoral components of the endoprosthesis depends on the degree of dysplastic disorders.

KEYWORDS: *Dysplastic coxarthrosis, hyaline cartilage, femoral head morphology.*

Relevance of research: Dysplastic coxarthrosis is a degenerative-dystrophic disease due to congenital underdevelopment of the hip joint, in which deformation of the articular ends of the bones manifests itself in a change in the shape and depth of the acetabulum, changes in the cervico-diaphyseal angle and the proximal femur [1.3.5.7.9.11]. Residual defects in the development of the hip joint after conservative and surgical treatment are the main reason for the development of dysplastic coxarthrosis in 10-60% of cases. The study of the etiopathogenesis of this disease made it possible to establish that the main factors contributing to its development are congenital progressive biomechanical imbalance and local overloads of the chondral and subchondral structures of the joint. The higher the degree of mechanical overload associated with the underdevelopment of the mutually supporting zones of the femoral head and the roof of the acetabulum, the faster there is a breakdown of the resistant capabilities of the joint. M. Camosco (2005) considers dysplastic coxarthrosis as a response of tissue structures to an imbalance between load and resistance to it, first of the articular cartilage, and then of all joint structures as a result of anatomical and functional inconsistencies. Moreover, the severity of the degenerative-dystrophic process is due to the localization of areas of hypertension, a change in the size of the bearing surface of the joint, and the duration of chronic overload. The trigger mechanism for the development of any type of coxarthrosis, as well as dysplastic, are changes in the parameters and morphology of hyaline cartilage. Because of numerous studies, it was found that cartilage degeneration increases with the progression of the disease stage, and the degeneration of the cartilage of the cavity contributes to the development of a similar process in the femoral head [2.4.6.8.10.12.13.14]. In dysplastic coxarthrosis, pronounced deformation of the acetabulum and the proximal femur leads to incongruence and biomechanical inferiority of the joint [15.16.17.18]. It is the anatomical and biomechanical incompetence of the articular surfaces that leads to the development of secondary arthrosis mainly in persons over 30 years of age [19.20.21.22.23.24]. Crowe et al. proposed a classification (1979), which is based on an assessment of the level of cranial displacement of the femoral head and includes four types. The authors proceeded from the fact that on the radiograph of normal hip joints, the lower border of the tear figure and the place of transition of the femoral head into the neck are at the same level, and the head height is 20% of the pelvic height. With Crowe type I, the proximal head displacement is up to 50%

of the head height or up to 10% of the pelvic height, with type II - 50–75% of the head height or 10–15% of the pelvic height, with type III - 75–100% or 15–20% respectively. Crowe type IV is characterized by a proximal head displacement of more than 100% or more than 20% of the pelvic height. Due to the numerical parameters, Crowe's classification is clear and unambiguous; however, it does not fully take into account the changes in the acetabulum depending on the degree of dysplasia, which is important for planning the placement of the acetabular component of the prosthesis. An objective interpretation of the degree of dysplastic coxarthrosis is rather complicated and requires a good knowledge of possible dysplastic changes in the hip joint, which are caused by some pathogenetic features of the disease. The anatomical and radiological features of the hip joint in dysplastic coxarthrosis of varying severity are described. With dysplastic coxarthrosis of the I – II type, taking into account the Crowe classification, the following were noted: a decrease in the acetabulum index by 16% and the Wiberg angle by 28%; narrowing of the cerebral cavity and a decrease in the length of the humerus of the femur by 6%; an increase in the Sharpe angle by 12% and the cervico-shaft angle by 6%. Dysplastic coxarthrosis is characterized by the progression of dysplastic manifestations; there is a defect in the roof of the acetabulum; the femoral head articulates with the true and false acetabulum. Type IV dysplastic coxarthrosis is characterized by maximum damage to the bone structures of the hip joint; the acetabulum is flattened; but the deficiency of the roof of the acetabulum is insignificant; formed neoarthrosis, isolated from the true depression [25.27.29.30.31.33.35.37.39.40.41]. Abnormal redistribution of stress forces in the hip joint in case of dysplasia leads to overload of the ilio-femoral ligament and excessive pressure in the cartilaginous lip ("acetabular stress"), which causes degenerative changes in the ligamentous apparatus, the appearance of foci of calcification under conditions of microtrauma. A long course of the process of dysplastic coxarthrosis can lead to dystrophic changes in the innervating nerve trunks and fibers. The abnormal structure of collagen in dysplastic coxarthrosis causes structural changes in the vascular bed in the hip joint: weakness, tortuosity and hyperextension of the walls of arteries and veins, a decrease in the number of anastomosing branches. All these structural changes lead to a decrease in the level of blood supply to the hip joint, to reversible capillary stasis at the level of the microvascular bed, and an increase in local tissue hypoxia [26.28.32.34.36.38.42.44.46]. With dysplastic coxarthrosis, all muscle groups of the hip joint are characterized by weakness, reduced ability to contract, degenerative changes in the fibers. In addition, the anatomical and biomechanical features of dysplastic coxarthrosis contribute to the convergence of the attachment points of muscle fibers in the abductor muscle group, which causes their positional weakness. In dysplastic coxarthrosis, the fundamental point is the violation of biomechanics in the joint and the redistribution of forces that ensure the centering of the head and stability in the hip joint. For an endoprosthesis, the determination of the X-ray anatomical features of a dysplastic hip joint and possible biomechanical disorders is necessary for the choice of tactics for surgical treatment of coxarthrosis, because the choice of the acetabular and femoral components of the endoprosthesis depends on the degree of dysplastic disorders, as well as carrying out total arthroplasty, which is the "gold standard" of treatment, in combination with the necessary additional techniques, such as plastic of the acetabular roof to compensate for its deficit, shortening osteotomy of the femur in order to minimize traction damage to the paraarticular tissues and restore the length of the limb [43.45.47.48.49.50.51.52].

Material and methods: The femoral heads were investigated after total hip arthroplasty from 42 patients diagnosed with dysplastic coxarthrosis. (women - 29, average age - 61.3 years; men - 123, average age - 52.4 years). In the process of cutting out material for histological examination, attention was paid to the macroscopic picture of the femoral head. The material was fixed in 10% formalin. After decalcification, paraffin sections were stained with hematoxylin and eosin, hematoxylin and picrofuchsin.

Research results. The studied material made it possible to identify a number of morphological conditions in the main areas studied, namely: in the articular cartilage, subchondral bone, the marginal zone of the cartilaginous plate, the cortical plate of the neck, cancellous bone. In the articular cartilage, the morphology of tissues was determined, which we divided into three groups. Articular cartilage - characterized by uneven thickness in different departments, the absence of a cell-free zone. The stratification of chondrocyte groups, their orientation, multidirectionality, together with the fibrillar component - collagen fibers, is impaired, relative to the thickness and length of the cartilaginous plate. Fragmentation of cartilaginous tissue on the surface with the separation of tissue complexes in the form of gaps in the deep sections. Discomplexation of structural components in the thickness of the articular cartilage. The border line disappears. In the subchondral bone, it is necessary to isolate the zone of enchondral osteogenesis, since it largely determines the morphology of the progression of coxarthrosis. In this zone, areas of completed and incomplete osteogenesis are identified. Completed osteogenesis is determined by the presence of a plate of bone tissue that separates the cartilaginous tissue from the structures of the bone marrow with vessels, endostome. Osteogenesis incomplete is revealed in the form of two variants of structures: a - vascular penetration. from bone marrow to articular cartilage with areas of bone tissue desorption, altered cartilage tissue and areas of enchondral osteogenesis; b - preservation of cartilaginous tissue in the adjacent bone beams of the zone of enchondral osteogenesis, the presence of newly formed cartilaginous tissue in these areas. Osteoporosis is determined in the cancellous bone of the femoral head; fatty and hematopoietic bone marrow; newly formed connective tissue; chronic osteomyelitis; foci of necrosis, myxomatosis, pseudocysts. The revealed morphological changes in the complex of tissues during the formation of dysplastic coxarthrosis allow us to consider the morphogenesis of osteoarthritis as the interaction of cartilaginous, bone tissues, tissues of the marginal zone of the femoral head, bone marrow structures of the zone of enchondral ossification, vessels and connective tissue. The morphological basis of this interaction is determined by the essential role of vessels that perform not only trophic (service), but also morphogenetic functions. It is characterized by the germination of blood vessels, pericytes, and connective tissue cells from the bone marrow into the articular cartilage. This is accompanied by resorption of cartilage tissue, enchondral osteogenesis, or lack of osteogenesis; the tissue complex reaches the surface of the cartilaginous plate. Connective tissue with vessels - fibroblasts, collagen fibers on the surface of the cartilaginous plate, on the one hand, provide resorption of the cartilaginous tissue, and on the other hand, until a certain time, form the articular surface. The progression of incomplete osteogenesis - the growth of vessels and pericytes into the cartilaginous plate with resorption of cartilaginous tissue from the bone marrow and resorption of cartilaginous tissue from the side of the panus - leads to the division of the articular cartilage into separate fragments, the replacement of hyaline cartilage with connective tissue. In the marginal zone of the articular surface of the femoral head, restructuring of the tissue complex leads to the proliferation of connective tissue, displacement of the synovial lining and obliteration of the joint cavity. In the zone of interaction of the hyaline cartilage of the joint with the subchondral bone, fractures are detected. This leads to a displacement of tissues relative to their original positions. Subsequently, during the healing process - the fusion of morphogenetically closely related tissues - a kind of histotectonics and anatomical deformation of the femoral head are carried out. Obliteration of the joint cavity leads to the formation of contractures, restructuring of tissues in the hip joint.

Conclusion: The foregoing makes it possible to assess morphological changes in the femoral head in dysplastic coxarthrosis based on the understanding that this complex of tissues that carry a supporting function is associated with gravity. As a result, in the morphogenesis of dysplastic coxarthrosis, along with vessels, an important place belongs to mechanomorphosis, which determines the behavior of tissues. Based on this, it is possible to choose the optimal method of endoprosthesis for dysplastic coxarthrosis.

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